



Colton Hills Community School

Headteacher - Ms J Hunter

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Dear Parent / Carer,

Children's Mental Health Week is from the 9th-15th February, as a school we are raising awareness of mental health through a range of different activities. One of the activities is a parent/carers and student workshop for our year 7 cohort on Thursday 5th February. This will include creative activities that will explore belonging, as well as raising awareness of organisations that help support mental health.

If you would like to attend, we ask that you use the following link [Children's Mental Health Week- student and parent session – Fill in form](#) to book a place. The bookings form will close on 3rd February. To attend the event, you will need to arrive at main reception at 2.50pm on Thursday 5th February. Your year 7 child will then join you once they finish at 3pm. The event will finish at 4pm, although there is no expectation to stay until the end.

Yours sincerely

Mrs R Jackson

Assistant Headteacher

