

Department: PSHE

Vision Statement:

PSHE helps pupils to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society. It helps pupils to manage many of the most critical opportunities, challenges and responsibilities they will face growing up.

Strapline:

Learning Lessons for Life

Curriculum Story:

Personal Social Health Education (PSHE) is at the heart of our schools PRIDE values and runs throughout our curriculum. Our PSHE curriculum aims to enable our children to become healthy, safe, independent, responsible members of society who demonstrate respect and tolerance and who are prepared to face and manage the challenges and opportunities of an ever-changing modern Britain.

Skills developed:

PSHE helps young people to achieve their potential by supporting their wellbeing and tackling issues that can affect their ability to learn. It also helps pupils to develop skills and aptitudes - like teamwork, communication, and resilience - that are crucial to navigating the challenges and opportunities of the modern world and are increasingly valued by employers.

<u>Year 7 PSHE</u>						
Topics	Why we teach this	Links to last topic	Links to future topics	Key skills developed	Cultural capital opportunities	Links to whole school curriculum
<u>Autumn Term- Health and Well-Being</u>						
Bullying/Banter Friendship Peer pressure Assertiveness Emotions Anger Grief Bereavement Sun Safety Importance of Sleep Vaccinations Personal Safety Railway Safety Water Safety First Aid	To support the transition from primary school to secondary school and to encourage good health and well-being. To teach pupils essential skills to keep them safe as well as skills they may need to keep other pupils safe. To teach pupils with coping strategies if they suffer a bereavement.	N/A	In Year 8, pupils study a unit on Health and well-being in PSHE lessons.	Identity and managing risks Make informed choices Understand what influences their decision Develop a positive self-image Ability to express an opinion	Social justice Healthy Living	Computing English Health and Social Care PE Geography
<u>Spring Term- Relationship and Sex Education (RSE)</u>						
Hygiene Puberty Healthy/Unhealthy Relationships Domestic Violence Consent FGM	To teach pupils about the changes that happen to your body. To make pupils aware of how they should act in relationships. To learn about the dangers of FGM.	N/A	In Year 8, pupils study a unit on RSE.	Identity and managing risks Make informed choices Ability to express an opinion	Civic Responsibility Healthy Living	Science Health and Social Care English
<u>Spring Term- Financial Literacy</u>						
Needs and Wants Budgeting Saving Gambling	To teach pupils the importance of money and the skills needed to	N/A	In Year 8, pupils study a unit on Financial Literacy.	Make informed choices	Ethical Enterprise Social justice	English English Language RS Geography

Gaming Harms	successfully budget and the risks associated with money. To teach pupils the importance of making ethical financial decisions.			Understand what influences their decision Ability to express an opinion		Computing Computer Science
Summer Term- Careers						
Who am I? What is a career? What is work-life balance? What are careers going to be like in the future?	To get pupils to think about the type of career that maybe suited to them and why it is important to have a work-life balance. To teach pupils about how the job market can change.	N/A	In Year 8, pupils study a unit on Citizenship.	Expressing an opinion Make informed choices Understand what influences their decision Ability to express an opinion	Social justice Cultural diversity Civic Responsibility	
Summer Term- Citizenship						
Diversity Identity/Values Stereotyping/Prejudice British Values Parliament Political Parties Terrorism Ethical Decisions	To teach pupils about what type of country we live in and why British Values are important to our country. To teach pupils about how prejudice and stereotyping can have a negative impact on society. To teach pupils how Parliament works in the UK and the importance of political parties.	N/A	In Year 8, pupils study a unit on Citizenship	Expressing an opinion Make informed choices Understand what influences their decision Ability to express an opinion	Social justice Civic Responsibility Cultural diversity	R.S. History Geography English Performing Arts Health and Social Care

<u>Year 8 PSHE</u>						
Topics	Why we teach this	Links to last topic	Links to future topics	Key skills developed	Cultural capital opportunities	Links to whole school curriculum
<u>Autumn Term-</u> Health and well-being						
Smoking Vaping Alcohol Energy Drinks Counter and Prescription Drugs Illegal Drugs Mental Health Self-Harm Eating Disorders Healthy Coping Strategies Body Confidence Social Media	To give pupils information with regards to the dangers associated with different type of legal and illegal drugs and how to resist peer pressure. To support pupils' mental health by making them aware of negative coping strategies and how we manage this.	Links to the Health and well-being unit taught in Year 7.	In Year 9 pupils study a unit on Health and well-being.	Identity and managing risks Make informed choices Understand what influences their decision Develop a positive self-image Ability to express an opinion	Civic Responsibility Healthy Living	Science Health and Social Care MFL RS English
<u>Spring Term- Financial Literacy</u>						
Bank Statements Debit Card Credit Cards Debt Payday Loans Entrepreneurs	To support pupils in improving their knowledge around different financial information they will need to know as they get older.	Links to the Financial Literacy unit taught in Year 7.	In Year 9, pupils study a unit on Financial Literacy.	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Ethical Enterprise	Maths Geography Year 10 Enterprise
<u>Spring Term- Citizenship</u>						
Gender Identity Sexuality Racism Religious and Race Discrimination Hate Crime	To teach pupils about different groups in society and how they can be discriminated against.	Links to the Citizenship unit taught in Year 7.	In Year 9, pupils study a unit on Citizenship in Enrichment.	Make informed choices Understand what influences their decision Ability to express an opinion	Social justice Cultural diversity Civic Responsibility Healthy Living	RS Health and Social Care History Performing Arts

<u>Summer Term- Careers</u>						
What are my interests? What is a CV and how do I write one? What are the challenges and rewards of work? What do I want my life to look like in the future? What does success mean to me?	To teach pupils the importance of having a CV when applying for jobs. To teach pupils to be forward thinking with planning their career.		In Year 9, pupils study a unit on Careers.			
<u>Summer Term- Relationship and Sex Education</u>						
Contraceptives-Condoms Other contraceptives Unprotected Sex Consent Sexting Grooming Criminal Exploitation Benefits/Risks- Social Media	To teach pupils about the importance of staying safe during relationships and the risks associated with sex. To teach pupils the importance of consent and the dangers relating to sharing images and the risks of the internet.	Links to the RSE unit taught in Year 7.	In Year 9, pupils study a unit on RSE.	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Civic Responsibility Healthy Living	Science Computing RS

Year 9 PSHE

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Payslip Tax National Insurance Borrowing Money Fraud Money mule	To teach pupils about financial matters relating to being in employment. To highlight the potential financial problems which others can cause.	Links to the Financial Literacy unit taught in Year 8.	In Year 10, pupils study a unit on Financial Literacy.	Make informed choices Understand what influences their decision Ability to express an opinion	Ethical Enterprise Technological Progress	Geography Business
<u>Summer Term- Careers</u>						
What are my skills? How can I take control of my learning journey? How to manage my money whilst I'm earning? What is the labour market and why is it important? What is a CV and covering letter and why do I need them?	To get pupils to reflect on their skills and why it is important to take control of their learning journey. To teach pupils the importance of CV's and covering letters.	Links to the Careers unit taught in Year 8.	In Year 10, pupils study a unit on Careers.			
<u>Summer Term- Relationship and Sex Education</u>						
Readiness for sex Unprotected Sex STI's Sexting Relationship Expectations Misogyny Different types of families Long term commitments	To teach pupils about staying safe in relationships and how to look after their health and the consequences if they don't. To teach pupils about staying safe in relationships and how to look after their health. To understand the dangers of the internet.	Links to the RSE unit taught in Year 8.	In Year 10, pupils study a unit on RSE.	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Social justice Cultural diversity Civic Responsibility Technological Progress Healthy Living	Science RS ICT Health and Social Care RS

<u>Year 10 PSHE</u>

[illegible]

Pressure to have sex Consent- capability Coercive Control Sexual Harassment Sextortion	To teach pupils about pressures in relationships and strategies that can be used to stop this from happening.	Links to the RSE unit taught in Year 9	In Year 11, pupils study a unit on RSE.	Make informed choices Understand what influences their decision Ability to express an opinion Identity and managing risks	Civic Responsibility Healthy Living	RS
Summer Term- PSHE- Form Time Citizenship						
Can I reflect on my careers journey? What type of career is best for me? Why is well-being important in a workplace? In person, hybrid or remote, what works best?	To teach pupils the importance of well-being in the workplace. To teach pupils to be reflective on their careers journey.	Links to the Career unit taught in Year 9	Careers is not taught as part of the PSHE curriculum in Year 11.			
Summer Term- Financial Literacy						
Budgeting Pensions Debt Credit Score Payday Lending Gambling Gambling Companies Targeted Advertising	To teach pupils the importance of saving but also to teach the risks associated with borrowing money or gambling and getting into debt.	Links to the Financial Literacy unit taught in Year 9.	In Year 11, pupils study a unit on Financial Literacy.	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Ethical Enterprise Civic Responsibility Technological Progress	Enterprise Geography

<u>Year 11 PSHE</u>						
<u>Topics</u>	<u>Why we teach this</u>	<u>Links to last topic</u>	<u>Links to future topics</u>	<u>Key skills developed</u>	<u>Cultural capital opportunities</u>	<u>Links to whole school curriculum</u>
<u>Autumn Term- Health and well-being</u>						
Stress Personal Safety-social situations First Aid Skills Health- lifestyles and some cancers Self-examination Vaccinations Contraceptives Sexual Health Piercings/Tattoos Sunbeds Cosmetic Surgery Blood Donation Organ Donation Stem Cell Donation	To teach pupils about stress and how to manage it. To teach pupils how to keep themselves safe in personal situations and how to deal with an emergency. To teach pupils the importance of looking after their body. To teach pupils the importance of their sexual health.	Links to the Health and well-being unit taught in Year 10	N/A	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Healthy Living	Science Health and Social Care
<u>Spring Term- Relationship and Sex Education</u>						
Types of families Long term commitments Parental Responsibilities Pregnancy Options Fertility Managing loss Miscarriage/Stillbirth	To teach pupils about issues around families and planning for a baby.	Links to the RSE unit taught in Year 10	N/A	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Healthy Living	Science Geography RS
<u>Spring Term- Health and Well-being</u>						
Gender Identity Discrimination-sexuality Hate Crime Revenge Porn Impact of Pornography	To teach pupils about different types of harassments and how to effectively deal with them.	Links to the RSE unit taught in Year 10	N/A	Identity and managing risks Make informed choices	Social justice Civic Responsibility Technological Progress Healthy Living	RS

				Understand what influences their decision Ability to express an opinion		
Summer Term- Citizenship						
Democracy Impact- UK Parliament Devolved Government International Governments Media Bringing about change	To teach pupils about democracy and how governments are formed around the world. To demonstrate how groups and individuals can bring about change in the world.	Links to the Citizenship unit taught in Year 10	N/A	Identity and managing risks Make informed choices Understand what influences their decision Ability to express an opinion	Social justice Cultural diversity Civic Responsibility	Geography RS

