

## Colton Hills Community School medium term planning

<b>Topic title:</b> Badminton	<b>Year: 7</b>  <b>Term: Autumn - Spring</b>	<b>Why we teach this:</b> Badminton forms a key part of our wider school PE curriculum and it has many transferable techniques, skills and tactics used in a variety of ways. This allows knowledge and understanding of rules, regulations and scoring systems. This also links in with the knowledge and application phase at BTEC level.	<b>Why we teach this here:</b> We teach this unit in Year 7 to begin to give students confidence to understand the techniques, tactics, rules and regulations of badminton.	
<b>Big questions:</b> <ol style="list-style-type: none"> <li>1) What is the correct stance to have when playing badminton?</li> <li>2) Why is it important that you vary the distance of your serve?</li> <li>3) When/Why should the overhead clear shot be used in a badminton game?</li> <li>4) Why is it important that the drop shot lands close to the net?</li> <li>5) Why is it important that you contact the shuttle at its highest point when making a smash shot?</li> <li>6) What court dimensions are used when playing a doubles badminton game?</li> </ol>		<b>Builds on previous topics:</b> Links to any previous knowledge and understanding of badminton taught at primary school or in any badminton clubs outside of school.	<b>Links to future topics:</b> It will allow students to gain an understanding and knowledge of skills for future badminton topics.	
<b>Skills developed:</b> <ul style="list-style-type: none"> <li>- Practical skills suitable to the game of badminton.</li> <li>- Tactical skills suitable to the game of badminton.</li> <li>- Students playing within the rules across sporting activities.</li> <li>- Be physically active for sustained periods of time.</li> <li>- Develop confidence and excel throughout the badminton curriculum.</li> </ul>		<b>Key knowledge:</b> <ul style="list-style-type: none"> <li>- Be able to respond effectively to questions regarding badminton shot techniques and tactics.</li> <li>- Understand the key characteristics of a badminton game.</li> <li>- Understand how to improve own badminton skills and how they contribute to own health and fitness.</li> <li>- Understand what components of fitness needed to improve when playing badminton.</li> <li>- Gain knowledge of key tactics and techniques that can be used to beat your opponents.</li> </ul>	<b>Key knowledge continued:</b> <p><b>LPA</b></p> <ul style="list-style-type: none"> <li>- Be able to contact the shuttle with racket.</li> <li>- Be able to hit the shuttle over the net.</li> <li>- Demonstrate use of basic shots.</li> </ul> <p><b>MPA</b></p> <ul style="list-style-type: none"> <li>- Consistently strike the shuttle with the racket when making shots.</li> <li>- Contact the shuttle showing control when making the shot.</li> <li>- Play an overhead clear shot with accuracy.</li> </ul> <p><b>HPA</b></p> <ul style="list-style-type: none"> <li>- To be able to consistently perform an accurate serve.</li> <li>- To be able to demonstrate an efficient rally.</li> <li>- Perform attacking and defensive shots effectively in game situations.</li> </ul>	
<b>Mini/Interim assessments:</b> <ul style="list-style-type: none"> <li>- Initial baseline assessment</li> <li>- Final assessment conducted at the end of the unit where pupils have gained maximum knowledge and practice of tactics and techniques.</li> </ul> <p><b>End of unit assessment:</b>          Game based situations linked to assessment criteria.</p>		<b>Independent study tasks/resources:</b> Week 1 – Fitness for Badminton Week 2 – HIIT training for Basketball Week 3 – Interval training for Badminton Week 4 – Plyometrics training for Badminton Week 5 – Power training in Badminton Week 6 – Shuttle fitness	<b>Key vocabulary 1:</b> Shuttle Underarm Closed grip Backcourt Serve Racket	<b>Key vocabulary 2:</b> Forehand grip Defensive Clear Attacking Clear Backhand Stroke Service Court Smash

<p><b>Cultural capital opportunities:</b></p> <p><b><u>Social:</u></b> Can I work responsibly with others sensibly in potentially dangerous circumstances when taking on different roles and responsibilities?  <b><u>Moral:</u></b> Can I use equipment appropriately and safely?  Can I learn to handle success and defeat with dignity?  <b><u>Spiritual:</u></b> How can badminton positively affect my emotions? – (Confidence, determination, resilience)  <b><u>Cultural:</u></b> Can I respect and show an awareness of other cultures traditions within a competitive environment.</p>	<p><b>Whole school Curricular Concept links:</b></p> <p><b>Civic Responsibility</b> – focus on badminton in society.  <b>Cultural Diversity</b> – exploring gender in sport.  <b>Health Living</b> – mental health and healthy living focus  <b>Artistic Creativity</b> – develop a creative approach to technical and tactical skills to outwit opposition.</p>	<p>Overhead shots  Tramline</p>	<p>Baseline</p>
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