



# The PRIDE of Colton Hills



Participation



Respect



Integrity



Diversity



Excellence

You can receive recognition for your involvement in enrichment activities through the Pride value awards. These activities can take place during curriculum time, through attendance at P0/P6 enrichment activities or out of school clubs.

Through these activities you could deliberately practise the skills and competencies that high performing learners develop and use. Everyone can be a high performer if they practise. This is crucial for writing your college, university and job applications in Key stage 4 and Key Stage 5.

**Name**.....

**Form** .....

**Form Tutor**.....

# **CRITERIA**

**25 Activities completed = Bronze award**

**50 Activities completed = Silver award**

**75 Activities completed = Gold award**

**100 Activities completed = PRIDE AWARD**

**Each criteria must be signed off by a member of staff, instructor or coach if you have completed an activity outside school.**

**If it's outside of school, you can also bring in evidence for example a photo or certificates and your tutor can then sign this for you.**

# Participation

Through these activities you have the chance to deliberately practise these HPL competencies:  
Collaborative, enquiring and risk-taking.

Activity	Signature	Date
1. Complete an outdoor pursuit challenge		
2. Write a short story or poem on your own.		
3. Watch a live sporting event in person.		
4. Perform on a stage in front of an audience.		
5. Deliver information in your year group or house assembly.		
6. Represent your house in an interhouse performing arts activity		
7. Research a career that interests you		
8. Complete some gardening.		
9. Take part regularly in a sports activity as part of P6.		
10. Create a script, dance or song.		
11. Plan some future career goals		
12. Learn how to carry out CPR		
13. Represent your house in an interhouse sports competition		
14. Write a book review		
15. Place an entry in the interhouse photography competition		
16. Take part in geographical field work		
17. Spend at least a night away from home as part of a school residential		
18. Watch a full-length theatre play		
19. Watch a dance performance		
20. Represent a school team in a competition against other schools		
21. Write an email to an external organisation		
22. Take part in an engineering challenge		
23. Create a budget that manages money		
24. Cook a complete meal from scratch		
25. Grow a plant from seed		
26. Take part in yoga or meditation		
27. Walk up a mountain		
28. Design a poster to advertise a campaign/event		
29. Produce a plan to manage your screen time effectively		
30. Discover a new musical genre.		
31. Listen to a live musical performance		
32. Visit a careers show		
33. Represent your house in an inter house art competition		
34. Support a community project		
35. Pitch a tent and camp out		
36. Cook over an open fire		
37. Take part in a music/drama performance		
38. Participate in an interhouse sports competition		
39. Join the combined cadet force or participate in an army engagement activity.		
40. Attend a session about online safety		

# Respect

Through these activities you have the chance to deliberately practise these HPL competencies:  
Creative and enterprising, open-minded.

Activity	Signature	Date
41. Take a walk in the countryside.		
42. Bake a cake and share with others		
43. Take part in team building activities		
44. Become involved in a project that raises money for a charity		
45. Take part in a school leadership activity		
46. Have a careers interview with a career's adviser		
47. Complete a work experience placement		
48. Learn some basic first aid skills.		
49. Speak to a visitor from outside school		
50. Volunteer to help someone.		
51. Take part in an activity that improves the school environment e.g litter pick		
52. Devise an idea that reduces plastic pollution		
53. Create a product to protect/encourage nature to a local environment.		
54. Take part in a workshop on staying safe online		
55. Interview a professional about their job role		
56. Learn about a new culture		
57. Teach a skill to one of your peers		
58. Visit a place of historical importance		
59. Read a classic book and discuss it		
60. Read a newspaper article and discuss it		

# Integrity

Through these activities you have the chance to deliberately practise these HPL competencies:  
Confident, resilient.

Activity	Signature	Date
61. Attend a parents evening to discuss your progress with your teachers.		
62. Share a hobby or interest with others in your form.		
63. Produce a healthy diet plan and follow for a week		
64. Understand the Importance of sleep		
65. Help organise a charity event.		
66. Take part in an interview with a local employer		
67. Take on a leadership role in school		
68. Share a success with your form group		
69. Take part in a workshop on supporting your mental health.		
70. Design a poster that lists your positive qualities		

# Diversity

Through these activities you have the chance to deliberately practise these HPL competencies:  
Concerned for society, open-minded.

Activity	Signature	Date
71. Complete an experience with an internationally well know company/organisation.		
72. Visit or contact a local charity and find out how to support them		
73. Research about a political party		
74. Visit a new place of worship		
75. Visit a local place of historical importance		
76. Talk about your culture or background to your form group.		
77. Visit a major city and see the sights		
78. Discover a new musical genre		
79. Visit an art gallery		
80. Try some food from another culture		

# Excellence

Through these activities you have the chance to deliberately practise these HPL competencies:  
Enquiring, practice, perseverance

Activity	Signature	Date
81. Join a reading group or support another student to improve their reading.		
82. Complete a mock interview		
83. Take part in an P6 enrichment activity regularly over a term		
84. Deliver a presentation or speech in class.		
85. Learn to play a musical instrument.		
86. Complete research on a new topic		
87. Achieve an attendance of 97% over an academic year.		
88. Design a product or business idea and pitch to investors		
89. Complete a job application		
90. Choose your year 9 options carefully		
91. Plan a revision timetable for your exams		
92. Be above target in at least 3 subjects		
93. Research a possible university course		
94. Re-read your work and improve it		
95. Visit a university		
96. Attend a P6 revision class on a regular basis		
97. Create a timetable for your independent learning		
98. Speak a second language to conversational level.		
99. Complete three flexible homework tasks over a year		
100. Submit an extra credit piece of work		