



CBU/SHI

Thursday 7th May 2026

Dear parents and carers,

As a part of your child's education at Colton Hills, we promote Personal Development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, during the next unit, your child's class will be taking part in lessons which will focus on the Relationships and Sex Education (RSE) aspect of this programme.

RSE lessons in Year 8 will include Contraceptives and the risks of unprotected sex. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our **PSHE curriculum**. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

However, there is a right to withdraw children from certain, limited aspects of the curriculum, though we do not recommend this, as we believe that this is vital learning. There is a form that you can fill in and send to school to request withdrawal, and it can be found on the school website

here:
https://www.coltonhills.co.uk/files/ugd/565328_38462e648ae745f7bdd40928cdf5f063.pdf

Forms will need to be returned to Mrs Buckle in person or they can be emailed to cbuckle@coltonhills.co.uk by Monday 18th May (8am).

All parents who wish to withdraw consent for these lessons will have to return the form, even if they have previously informed the school that they wish to remove their child.

As a school community, we are committed to working in partnership with parents; our parental consultation on our RSE Policy has indicated that the overwhelming majority of parents continue to be highly supportive of the relationships and sex education programme. If you would like to find out more or discuss any concerns, please feel free to get in touch.

Yours sincerely

CLBuckle

Mrs Buckle

PSHE Curriculum Leader