



Welcome to the first of our termly **High Performance Learning** newsletters. High Performance Learning is about students taking ownership of their learning by identifying skills across a number of subjects and knowing exactly what to do to improve. The HPL Student Drive Team have shared their experiences so far.

HPL in History

Last half term in History, we focused on the VAA 'Concerned for Society'. This was my VAA because when I was learning about the Industrial Revolution, I felt empathy for the people who had to work in horrible places or conditions. I was concerned for them.

The ACP used in History was 'Realising'. This was my ACP because during the lesson, I was realising how different life can be today and how it was about 170 years.

These predominant ACPs/VAA's will stay with me for life. These words help me understand the world around me, assist me to get an extraordinary job and desired grades. Thanks for reading!

Ahyan Butt



HPL in Science

In my Science lessons, I've used automaticity, meta-thinking and precision.

We are also given information about how to use the vocabulary in lesson context.



AUTOMATICITY

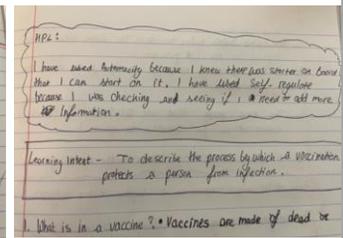
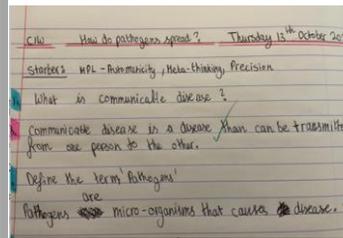


META-THINKING



PRECISION

Jasmeen Kaur Dhaliwal



HPL in Music by Uttamjit Singh

In music we used the ACP 'creative'. We had to create a piece of music and we had to be creative in order to make our piece of music remarkable.



I was using this ACP without even realising. I get introduced to ACPs and VAA's at the start and during the lessons.

My HPL experience so far by Shanzej Aslam

- One of my experiences with the HPL team was learning more about the ACPs and VAA's. I got to do this by learning in lessons and the meetings that I had with Mr Gittins, Miss Bhasin and Mr Rowsell.
- Last half term in Maths, my VAA was 'Hard-working' because I was struggling a little bit. I had to work hard and put in extra effort.
- My ACP in English was 'Meta-Thinking' because I had to try and understand the literature by author 'Sherlock Holmes' since I found it extremely confusing.

How has Maths incorporated HPL?

Maths has incorporated HPL by having a system of which when a certain section of the lesson's learning has been completed, there are a set of sentence starters to help you reflect on your work and how you have demonstrated the use of the VAA's or ACP's relevant for that topic in Maths.

For example when I had finished some problems using Sine and Cosine Rules, my teacher put up the slide with the sentence starters for the ACP of self-regulation. The sentence starter I decided to use was "My areas of strength is..."

For example when I had finished the lesson on trigonometry, my teacher put up the slide with the sentence starters for the VAA of perseverance. The sentence starters I used were: "Through perseverance I can..." and "I overcame the challenge of..."

This evaluation alongside the routine Responding to Feedback is beneficial to us as students to help us identify our strengths and area for development that may be necessary to aid in our mission to success.



PERSEVERANCE



SELF-REGULATION

Devi Khanal



HPL Student Drive Team



Adam's HPL Journey

Across school, HPL is implemented in each lesson that I am in, in different and unique ways. Lesson PowerPoint slides contain the ACPs & VAAs. The PowerPoint also indicates the different stages of how you can understand and progress across each ACP or VAA.

ACPs and VAAs are also included in our KAOS (Knowledge Assessment Organisers), teachers verbally communicate what we as a class are using/ demonstrating in our learning and how we have earned that certain ACP and VAAs in lesson. For example, in Religious Studies, we incorporate the ACP of alternate perspectives by using them in our discussions about the work in our crime and punishment topic (as part of our GCSE course).

In that topic we talk about what a Christian may believe compared to what a Sikh may believe. We also use critical or logical thinking to debate whether the case is fair to both the criminal and victim and if justice is truly served as well as being open minded to see different points and view of that case.

Another way that I have experience HPL, is in my Science lessons where my teacher goes through the HPL ACPs and VAAs such as Intellectual Confidence. My teacher asks us questions multiple times to teach us to not doubt ourselves and be confident in ourselves. We have also used 'practice' in school and we are taught that practice does make perfect (in time) and that with practice, you can be the best in all that you do.

Similarly, in Maths my teacher would go through various slides throughout the lesson to inform the whole class about which ACPs and VAAs would link in with that learning and how we can achieve those steps in. For example, when we were learning about trigonometric ratios, we used VAAs such as risk taking (tackling and answering tough questions), perseverance and resilience (trying our best and not giving up on the work that we do). In our lessons we get tested on how quick (automaticity) we can write our date and titles as well as using self regulation to check over our work and how we can improve it.

Through learning about HPL from school, I know that it can help us achieve every day life skills that we can take on and apply wherever we go and we can use it throughout our daily lives .

Adam Jina

My HPL experience by Manrose Kaur

In my dance lesson, I used ACPs and VAAs: **practice, intellectual confidence, creativity, speed and accuracy, originality, and collaborative.**

In our lessons, we used these during our session for creating our own warm up. We applied **creativity** to set up and design our warmup which consisted of merging the gained knowledge with our ideas. We then utilized **practice** to elaborate on our timings and counts and co-ordinate the movements.

In addition, we worked on our **intellectual confidence** by presenting our warmup to our class. We used **originality** from creating a warmup that was different from everyone. We also used **collaborative** while engaging in feedback on our warmups.

All these ACPs and VAAs helped a lot in our lesson because it was well structured and a great method of engaging in a lesson. With HPL, everyday lessons have a different objective making it more creative, enthusiastic and motivated to learn for students.



Thank you to all our HPL student drive team for their contributions to this fantastic newsletter and also to Mr Gittins and Miss Bhasin for leading the team.